

# **QUALITY CIRCLE FORUM OF INDIA**

**BENGALURU CHAPTER** 

22-B, A-Block, Brigade MM Industrial Complex, K.R. Road (Near Yediyur Circle), Bengaluru 560070

## Presents 1-Day Workshop on NLP FOR THE LEADER IN YOU

### Day/Date: Saturday, 15<sup>th</sup> June 2019

Outcome/Objective: To create teams within organizations based on Trust and Mutual Respect where employees groom themselves as effective leaders thereby increasing productivity and reducing the **attrition** rate.

**Scope:** This program will be conducted and facilitated in a systematic manner to cover concepts that ensures strong learning towards professional and personal development for the LEADER IN YOU.

#### Concepts/Coverage:

- Part I : **Emotional Quotient**
- **Rapport Building** Part II :
- Part III : **Conflict Resolution**
- Part IV : Stress Management
- Part V : Growth Mindset

Techniques/Methodology: The program will be conducted infusing NLP Intervention Strategies, besides, Cognitive Behaviour Learning and Emotional Intelligence Learning. The concepts will be delivered through interactive sessions, role plays, story-telling and end with a Q and A slot. A 25minute ice-breaker will precede the program.

Who should attend : Middle management of all Depts. (Technical/Non-technical).



Faculty: Ms. Anu Krishna, a Life and Performance Coach, an NLP Intervention Specialist, an Energy Work Specialist, Inspirational Speaker and an Author, is also a -

- NLP Master Practitioner (National Federation of Neuro-Linguistic Programming, NFNLP, USA).
- Energy Work Specialist (World Pranic Healing) Foundation and Institute for Inner Studies, Manila)
- Diploma holder in Art Therapy (CPD)
- Law of Attraction Practitioner (Global Sciences Foundation)
- Creative Writer (The Writers Bureau, UK)
- Member of Indian Association of Adolescent Health (M.I.A.A.H)
- · Karnataka Chairperson for Coaching (All Ladies League, Women Economic Forum)

Awards : Exceptional Women of Excellence at the Global Annual Conference of Women Economic Forum (WEF-2018), Shikshaka Ratna Award that recognises teachers, trainers and coaches.

Venue: This 1-Day Workshop will be held in QCFI Office premises.

#### Duration: 1000 hrs to 1630 hrs.

Fees : Rs.1500/- + GST @ 18%, per participant (inclusive of Tea/Coffee & Lunch)

"Harness the power of the mind to maximize your potential adding richness to your life"

QCFI – BENGALURU CHAPTER				
Chairman	Vice Chairman	Secretary	Jt. Secretary	Treasurer
R. Suresh	A.L. Kishen	S Kulkarni	M.A. Ramanujam	K. Ramesh
For Registration, please contact QCFI Office on No. (080) 2676 8289 or Secretary on No. 96322 44660 e-Mail : qcfiblr@gmail.com				